

Join Gazelle Sports for **Winter Walkin' on the Wild Side**

There is nothing in the world more beautiful than the forest clothed to its very hollows in snow. It is the ecstasy of nature, wherein every spray, every blade of grass, every spire of reed, every intricacy of twig, is clad with radiance.

- William Sharp

Get up and go! FREE 60-90 minute nature walks

Designed to promote overall wellness while getting outside and staying healthy throughout the winter months, these walks have it all: educational components led by people eager to share their knowledge of plants, wildlife and the joy of the natural world with you; stimulating physical activity; new friend possibilities; and great conversations and laughter after the walks should you care to join us for a bite to eat at one of our many fabulous local restaurants. If you're looking for an activity that complements your regular fitness routine, these walks are for you!

These FREE walks* take place rain, snow or sunshine unless severe weather is predicted. Bring water and binoculars if desired. NO REGISTRATION IS REQUIRED.

*There is an admission fee attached to the Kalamazoo Nature Center walk to further promote its stewardship programs in connecting and caring for our natural environment.
adults: \$7, seniors: \$6, children (4-13) \$4.

About the Guides

David Nesius is an active member of many nature organizations, including the Asylum Lake Preservation Association, Audubon Society of Kalamazoo, Southwest Michigan Land Conservancy, Michigan Botanical Club, Wild Ones and Kalamazoo Valley Walkers.

Wil Reding is an instructor at WMU and KVCC in the area of Environmental Sciences. During his free time he runs a company called "Rent A Rambling Naturalist" throughout the Mid-west. Wil models his life after his mentor John Muir who said "I care to live only to entice people to look at Nature's loveliness."

For more information email Barb Bratherton at
bbratherton420@comcast.net
or call Gazelle Sports at 269.342.5996.

2012 Walk Schedule


January 7, 10:30 am
Asylum Lake with Dave Nesius

January 21, 10:30 am
Kalamazoo Nature Center with Wil Reding
* Fee attached see other side

February 4, 10:30 am
State Land off of Centre St. with Dave Nesius

February 18, 10:30 am
Oshtemo Township Park Trail with Wil Reding

March 3, 10:30 am
Kalamazoo River Valley Trail with Wil Reding

March 17, 10:30 am St. Patrick's Day 
Kleinstuck Preserve with Wil Reding

March 31, 10:30 am
Al Sabo Preserve with Dave Nesius

See other side for location/meeting details.



Gazelle Sports

KALAMAZOO
Downtown on the Mall
269.342.5996

Directions to **Walkin' on the Wild Side** walks

January 7, 10:30 am

Asylum Lake

Meet and park at the "Prairie" parking lot located on the east side of Drake Rd. between Stadium Dr. and Parkview Ave.

wmich.edu/~asylum/

Meet up afterward – Martell's Restaurant
3501 Greenleaf Blvd, Kalamazoo (in Parkview Hills)

January 21, 10:30 am

Kalamazoo Nature Center*

From US 131: Take exit 44 East (D Ave.). Travel approximately 4 miles east to N. Westnedge Ave. Turn right and go approximately 1 mile. Turn left into the Kalamazoo Nature Center.

From I-94: Take exit 74 North (US 131) and follow the directions from US 131 above. From downtown Kalamazoo: Follow Park St. north through downtown Kalamazoo. Park St. becomes US 131 Business Loop. Follow signs to N. Westnedge Ave. and the Kalamazoo Nature Center. Follow N. Westnedge Ave. approximately 3 miles and turn right into the Kalamazoo Nature Center.

* Fee attached: adults: \$7, seniors: \$6, children (4-13) \$4.

Meet up afterward – Sport's Forum
803 West Mosel, Kalamazoo

February 4, 10:30 am

State Land off of Centre Street

Take main entrance into Greenspire apartment complex. 8380 Greenspire, off of Centre Street. Trail parking is available further down, beyond the office on the east side of the main driveway.

Meet up afterward – Fieldstone Grill
3970 West Centre St., Portage

February 18, 10:30 am

Oshtemo Township Park Trail

7275 W. Main St. Just west of 7th St. on the south side of the road. Take main entrance into Oshtemo Township Library, turn right and continue down to the trail head and large parking area.

Meet up afterward – Panera Bread
5119 West Main, Kalamazoo

March 3, 10:30 am

Kalamazoo River Valley Trail

From US 131: Take exit 44 East (D Ave.). Travel approximately 4 miles east to N. Westnedge Ave. Turn right and go approximately 1 mile. Turn left into the Kalamazoo Nature Center. From I-94: Take exit 74 North (US 131) and follow the directions from US 131 above. From downtown Kalamazoo: Follow Park St. north through downtown Kalamazoo. Park St. becomes US 131 Business Loop. Follow signs to N. Westnedge Ave. and the Kalamazoo Nature Center. Follow N. Westnedge Ave. approximately 3 miles and turn right into the Kalamazoo Nature Center. *No fee attached.

Meet up afterward – Sport's Forum
803 West Mosel, Kalamazoo

March 17, 10:30 am St. Patrick's Day 

Kleinstuck Preserve

Meet at the Maple St. YMCA, 1001 W. Maple St., by the outdoor tennis courts.

wmich.edu/kleinstuck

Meet up afterward – O'Duffy's Irish Pub
804 West Vine St., Kalamazoo (below Cosmos)

March 31, 10:30 am

Al Sabo Preserve

On Texas Dr. about 2 miles west of the Texas Dr. and 12th St. intersection (at Wedel's Nursery) or about ¾ miles northeast of Texas Corners, just east of the Roto Kiwan Boy Scout Camp. There is no visible marker from the street. Parking area is on the north side of the road. Look for an orange gate at the entrance of the driveway.
michigantrails.us/kalamazoo

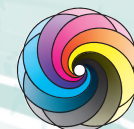
Meet up afterward – Zeb's Restaurant
7990 S. 8th St. on the corner of "Q" Ave and 8th St. (Texas Corners)

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